

CL^{4H}VER C^{4H}ORNER

4-H YOUTH DEVELOPMENT



County Extension Agent for 4-H Youth Development

Connor Cooper Connor Cooper and Katie Mills *Katie Mills*

Hopkins County
Cooperative Extension Service

75 Cornwall Drive
Madisonville, KY 42431-5011
(270) 821-3650
Fax: (270) 825-5011
<http://hopkins.ca.uky.edu/>

October 2021

A Note From 4-H...

Happy October! We are excited for Fall, but even more for all of the 4-H experiences. Hopkins County 4-H Clubs and Projects have started meeting, but it is not too late to join. Inside Clover Corner, there is more information on each of the clubs and projects. We cannot wait to see you there. If you have not already done so for this year, please fill out a new enrollment card (attached to the last page) and return it to the Extension Office.



Like us on Facebook! The Hopkins County 4-H Facebook page is a great way to keep up with upcoming events and see coverage of all the great activities and events!



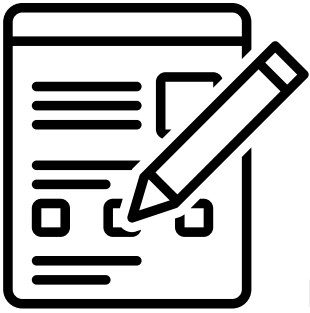
Hopkins
County 4-H



#embraceky4h

To Make the Best
BETTER





It's That Time Again! New Year, New Enrollment Cards.

Have you filled out your 4-H enrollment card yet? Each year youth must fill out an enrollment form to be a Hopkins County 4-H member. Please fill out the form included with this newsletter and either drop it by our office or mail it back so you can join 4-H! Our address is 75 Cornwall Drive, Madisonville, KY 42431



Join the Club!



Disc Golf Club

Our Disc Golf Club met for the first time last month and we had a great meeting! Our next meeting is Monday, October 18th at 5:00 p.m. and will meet at the event barn at Mahr Park. Come and join us for a fun filled round of Disc Golf!



E-Sports

Our first E-Sports meeting was held in September and we had an awesome time! In this club, youth will learn how to use video games as a tool for effective communication.

Using gaming laptops, youth tackle the game of Rocket League. We hope you will join us for our upcoming meeting on October 25th at 5:30 p.m at the Hopkins County Extension Office.



Arts & Crafts

Youth were able to get crafty by painting trees using q-tips and plastic bottles. They had the opportunity to design their own layout and colors to make beautiful artwork. Join us for our next meeting on October 11, 2021 at 6:00 p.m. at the Danny Peyton Outdoor Educational Center and Farmer Market.

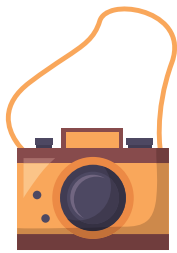


Livestock Club

Come join in the fun with learning about livestock! During the September meeting, youth were able to learn different parts of the cow, sheep, goat, and pig. Come join the 4-H Livestock Club on October 14, 2021 at 5:00 p.m. at the Hopkins County Extension Office.



Photography



If you love taking pictures then photography club is the one for you! Come join us on October 19th at 2:00 p.m. at the Danny Peyton Outdoor Educational Center and Farmers Market.



Crochet Club

Have you ever wanted to learn how to crochet? Come join the 4-H Crochet Club! The first meeting will be October 28th at 4:30 p.m. All you need is a crochet hook size "J" and some yarn. Spots are limited.

Midnight Walkers Community Service Club

The Midnight Walkers Community Service Club had a can food drive for their first service project of the year. This drive was very successful and we are very thankful of everyone who collected and donated food.

This club meets on the second Tuesday of each month at 6:00 p.m. We hope you join us for our next meeting at the Hopkins County Extension Office!



Needles & Pins

WHO WANTS TO LEARN TO SEW? 4-H Sewing is about to have its first meeting of the year. Our first meeting will be October 21st at 5:00 p.m. Please call our office to get signed up! Spots are limited.



try this tasty treats

CHOCOLATE PUMPKIN SNACK CAKE



- 1 (18.5 ounce) box Devil's Food cake mix
- 1 (15 ounce) can pumpkin or 2 cups fresh pumpkin (cooked and mashed)

1. Mix cake mix and pumpkin in a large bowl. Batter will be thick.
2. Spread batter into a greased 13 x 9 inch cake pan.
3. Bake according to cake mix package directions for a 13 x 9 inch pan.
4. Cool and cut into 15 pieces.

OPTION: Try using other flavors of cake mix, such as spice or butter pecan. Cupcakes can also be made with this recipe.

MAKES 15 SERVINGS

Serving Size: 1/15 recipe

Cost Per Recipe: \$2.44

Cost Per Serving: 17 cents

SOURCE:

Brenda Harris,
Nutrition Education Program Assistant
University of Kentucky
Cooperative Extension Service

NUTRITION FACTS PER SERVING:

140 calories; 2.5 g total fat; 1 g saturated fat; 0 g trans fat; 0 mg cholesterol; 260 mg sodium; 29 g carbohydrate; 2 g fiber; 2 g protein; 30% Daily Value of vitamin A; 2% Daily Value of vitamin C; 4% Daily Value of calcium; 8% Daily Value of iron



GROCERY LIST

- 1 box devil's food cake mix (18.5 ounce)
- 1 (15 ounce) can pumpkin

MAKE IT A MEAL

- **Chocolate Pumpkin Snack Cake**
- Low-fat milk

BEST BUYS

- Apples
- Cauliflower
- Pork

TIP

Let kids power up with healthy snacks like fruit and yogurt.



Hopkins County 4-H Member Form 2021-2022



Club(s)/School: _____

Leader/Teacher: _____

Enrollment begins September 1, 2021 and runs until August 31, 2022. Re-enrollment is required each year to be an active 4-H member. Age as of January 1 of the current year is considered 4-H age.

First Name Used: _____
 Last Name: _____
 Birthday: ____/____/____ Age: _____
 Phone Number: _____
 Mailing Address: _____
 City: _____ Zip: _____
 Email: _____
 School: _____
 Grade: _____ Years in 4-H _____
 Name of Parent/Guardian: _____

Emergency Contact: _____
 Relationship to You: _____
 Phone Number: _____

What are YOU interested in?

Please circle all 4-H Clubs that you are currently part of or would like to join.

4-H Clubs:

- Beekeeping Club
- Cloverbuds Club (5-8 years-old only)
- Livestock Club
- Midnight Walkers (Community Service Club)
- Shooting Sports (Archery)

Projects: Please circle all projects & activities that you would like more information about.

- | | |
|-------------------------|---|
| Aerospace | Leadership |
| Child Care/Babysitting | Poultry |
| Electric | Public Speaking |
| Entomology | Physical Activity |
| Environmental Education | Sewing/Quilting |
| Foods/Cooking | Visual Arts (drawing painting, photography) |
| Horticulture | Woodworking |
| Horse | |

Family Member Military Service (Circle One):
 No One Serving Parent Serving Sibling Serving
 If yes, which Branch: _____

Branch Component (Circle One):
 Active Duty National Guard Reserves

Do you require an accomodation for a disability to participate in this program? _____

Circle one or all that apply.

Ethnicity: Hispanic Non-Hispanic
 Gender: Male Female
 Residence: Farm County Madisonville
 Race: White Black Asian
 American Indian Hawaaian/Pacific Island

Please return this completed form to:
 Hopkins County Extension Service
 75 Cornwall Drive
 Madisonville, KY 42431

Phone: 270-821-3650 Fax: 270-825-5011
 Email: DL_CES_HOPKINS@uky.edu
 Or to your school secretary or 4-H Leader.

Authorization of Use

I, (parent's full name) _____ hereby grant permission to the University of Kentucky and its affiliates and subsidiaries, including, but not limited to the College of Agriculture Cooperative Extension and Agricultural Alumni Association, to interview, photograph and/or videotape me, or my minor child, and/or to supervise any others who may do the interview, photography, and/or videotaping and/or to use and/or permit others to use information from the aforementioned interview and/or the aforementioned images in educational and promotional activities for the following without compensation:

- * University Educational Publications/Videos
- * University Electronics Publishing (e.g. World Wide Web)
- * University Promotion/Advertising
- * Local/regional/national news media (w/permission of UK)

____ I DO NOT want my child to be included in publicity.

Signature of Parent or Guardian: _____

Date: _____

Cooperative Extension Service
 Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
 LEXINGTON, KY 40546



Disabilities accommodated with prior notification.